

# **Surf N Sweat 2012**

## **Rules and regulations (Surf N Run)**

1. Participants must have read and agreed to all rules and regulations prior to the race.
2. The organization is not liable for any loss of personal belongings.
3. No pacer will be allowed.
4. All footwear must be removed while surfing.
5. Participants are to run in proper footwear.
6. In the event of a false start, participants are to return to start line immediately to prepare for 2<sup>nd</sup> flag off. If 2<sup>nd</sup> false start occurs, regardless of who commit the false start, the participant will be disqualified and will be informed only after the race.
7. Participants are to report on time at the holding area for briefing.
8. Participants who missed their details due to any reasons will have to report to RO booth and reallocation to another detail will be decided on a case by case basis.
9. Fin of surfboard must be in the water throughout the course of surfing
10. Any disruption due to unfortunate weather circumstances will result in the affected wave/s being void and affected participants have to re-do the entire event if time permits.
11. Any forms of cheating will result in instant disqualification.
12. In the event of bad weather, please follow the instructions given by the marshals.
13. The organising committee reserves the right to amend any rules or regulations without any prior notifications.
14. There will be no fee refund if the event is cancelled due to bad weather i.e. due to occurrence of incident that are beyond the control of the organisers and which renders it impossible or unsafe to hold the event. The organisers shall not be liable for any loss or inconvenience caused.
15. The organising committee has the final say in all situations and on all matters.